



THE CITY AND PROVINCE OF FERRARA: AN ADVENTURE DEDICATED TO THE SENSES. STARTING WITH FOOD

Wonder

#FerraraFoodie
www.ferrara.info.com
Much more information is available on:



Savour
THE PO DELTA

Immersing yourself in the Po Delta landscape means experiencing a place like no other in the world: **at the meeting point between the River Po and the sea**, surrounded by colours, atmospheres and flavours that you can only savour here, in the province of Ferrara.

You can sample **Po Delta rice**, which is grown throughout the area, and **Comacchio eel**, which plays an important role in local tradition, celebrated by the "Manifattura dei Marinati", the old factory where you can witness the entire eel processing cycle. Or **Delta carrots** and **radicchio**, which are used in many traditional local recipes. The Sacca di Goro, at the border of the province of Ferrara, offers the ideal habitat for its delicious **clams**. This special humid, misty air and salty ground are responsible for the unique character of **Bosco Eliceo wines**, known as "sand wines": Fortana, Merlot, Sauvignon and Bianco del Bosco. So be sure to drink a toast to good food in the bewitching, changeable Po Delta landscape.

Taste
THE LAND OF THE GREAT RIVER

It is a joy to lose yourself in the area north of Ferrara that runs along the **right side of the Po**, from **Stellata di Bondeno** with its **fortress** to the **Gorino lighthouse**, passing through the "Luoghi Bacchelliani", places described in the work of author **Riccardo Bacchelli**. The adventure starts from the ancient **walls of Ferrara** and continues through an endless unspoiled natural landscape, where willows and poplars adorn a succession of meanders and floodplains, enlivened by numerous species of migratory birds. Due to its unique topography, the area produces precious fruits such as **Emilia-Romagna pears**, **Romagna peaches and nectarines**, **Ferrara watermelons**, **Emilia melons**, **Lagosanto strawberries** and **Altedo green asparagus**. Each denomination contains a place: the value of the unbreakable bond between man and this land.

Enjoy
THE "DELIZIE ESTENSI"

You can still experience all the charm of the Duchy along a flavour route that crosses the **Delizie Estensi**, the monumental residences that once affirmed the dominion of the Este family over the whole area. Landscapes of the soul that combine untamed nature and the most sophisticated architecture. A triumph of royalty that is also reflected in refined, delicious dishes: the glorious "**salama da sugo**", an original invention from Ferrara, whose intense spicy flavours and aromas harmonize perfectly with mashed potato. Not to mention "**coppia ferrarese**" **bread** and the splendid **Macaroni pie**, a triumph of ancient courtly traditions.

The combination of stuffed pasta and **butternut squash**, a typical Ferrara vegetable, produces another generous, tasty dish: **butternut squash cappellacci**. This unusual region's gastronomic delights continue with two local gems: **Voghiera garlic** and precious **truffles** in white, black and bianchetto varieties. And finally, two celebrated desserts: **Ferrara "pampepato"** (or "**pampapato**") and **tenerina cake**, a true chocolate masterpiece.



Welcome to the unique land of Ferrara. An adventure entirely dedicated to the senses.

Immersed in incredibly beautiful scenery, among courtyards, oases, castles and palaces like none other in the world: the **Delizie Estensi**, a UNESCO site.

garlic and Goro clams...: **an endless chest of delectable treasures to enjoy** (Pasticcio ferrarese). Della rice, Bosco Eliceo wines, green asparagus, Voghiera (or "pampapato") decorated with candied fruit, almonds or hazelnuts, offers you a taste of butternut squash "cappelacci" and a mouthful of the majestic and mysterious "salama da sugo". Followed by "pampepato" surrounded by an enchanting Renaissance atmosphere, Duke Ercole I d'Este the Castello Estense, the symbol of the city.

to taste the typical crunchy Ferrara bread known as "coppia", while contemplating the Comacchio Valleys. Or the unmistakable scent that intoxicates your senses every morning as you walk through the streets of Ferrara, inviting you to offering a medley of flavours that are unique and irresistible, just like transforming them into extraordinary food and wine that boasts certified quality. In this land, mankind's wisdom preserves and passes on ancient traditions, copying your palate and soul.

has left traces of unforgettable stories. This is the exclusive pleasure offered by Ferrara and its surrounding area: an intense, emotional experience that

Embrace
THE BEAUTIFUL
AND THE GOOD
IN A SINGLE
INFINITE GAZE

Ferrara

Province of FERRARA

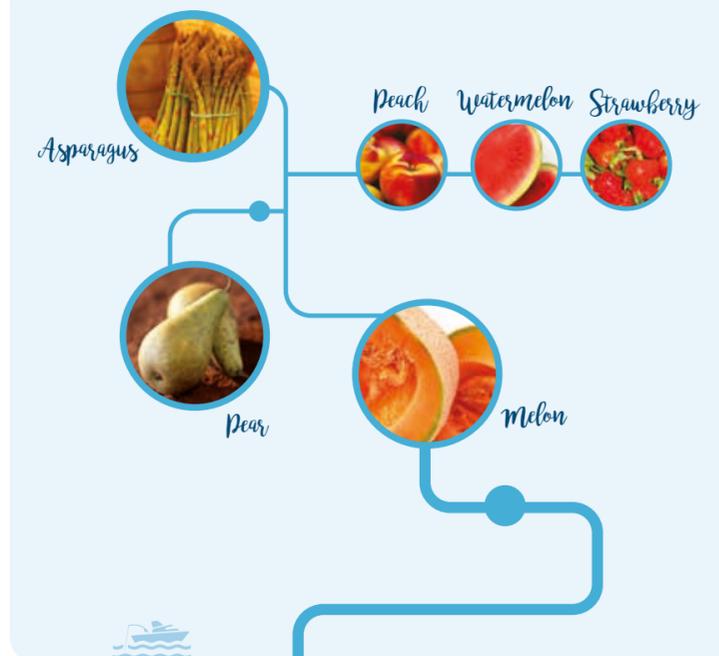


Embrace
THE BEAUTIFUL
AND THE
GOOD
IN A SINGLE
INFINITE GAZE



- Po Delta Park
- Excursions in the Comacchio Valleys
- Comacchio Riviera – 7 Lidos
- Birdwatching
- Cycle tourism

Let's savour
THE PO DELTA



- Destra Po cycleway
- Luoghi Bacchelliani
- Boat trips on the Po

Let's taste
THE LAND OF
THE GREAT RIVER



- Palazzo Schifanoia
- Delizia del Verginese
- Delizia di Belriguardo
- Castello della Mesola

Let's enjoy
THE "DELIZIE ESTENSI"